Trene Jiménez

Meet Irene: a seasoned professional with a passion for coaching, mentoring, and strategic marketing. She's an International Coaching Federation-certified expert in Emotional Intelligence, Mindfulness, and Self-Compassion.

Irene's unique strength lies in blending coaching and marketing expertise. She has empowered leaders through personalised guidance, honing their insights and propelling them towards their potential. Irene also conducts impactful workshops on relationship building, active listening, and storytelling.

With eight years of marketing experience across diverse industries, Irene excels in bridging strategic vision and tactical execution.

At her core, Irene's mission is to foster growth, excellence, and authentic connections for individuals and businesses. Irene is your steadfast compass on the journey to transformation.

